

Rate Comparisons for Medical and Dental Insurance Plans
in the Diocese of Southwestern Virginia

MEDICAL Tier and Plan Name	2007 Rates				2008 Rates			
	Single	Plus Spouse	Plus Child(ren)	Family	Single	Plus Spouse	Plus Child(ren)	Family
BCBS EPO-80	\$322	\$644	\$579	\$965	\$357	\$715	\$643	\$1071
BCBS PPO 75/	Plan not available in 2007.				\$344	\$688	\$619	\$1032
BCBS PPO 80/60	\$352	\$704	\$634	\$1056	\$391	\$781	\$704	\$1172
Empire BC/BS High Deductible Health Plan/Health Savings Account I	\$310	\$621	\$559	\$931	Plan not available in 2008.			
Empire BC/BS High Deductible Health Plan/Health Savings Account II	\$256	\$512	\$461	\$769	\$275	\$550	\$496	\$827
DENTAL Tier and Plan Name	2006 Single	2006 Plus One	2006 Family	2007 Single	2007 Plus Spouse	2007 Plus Child(ren)	2006 Family	
Basic Dental PPO	\$39	\$70	\$108	\$41	\$83	\$75	\$124	

EPO and PPO plans include eye care coverage through EyeMed Vision, prescription drug coverage through Medco, and Mental Health Supplementary coverage through CIGNA. Dental coverage through CIGNA is purchased separately. There is no Open Enrollment period for dental.